



November 2021

Understanding Dyslexia

NISD PARENT SUPPORT



Getting Reading Time In



When homework takes forever and reading is a chore, how do you find ways to get independent reading time in?

Many people find escaping into a good book an enjoyable experience, but for the struggling reader, it's work. The good news is there are ways to make it more enjoyable and easier for them.

The general recommendation for reading time at home is 20 minutes a day, but this may be too much for your child. So, start small. Start with 5 or 10 minutes and build up that time slowly. Make sure they're reading books that aren't too hard for them. Have them read aloud to you so you can monitor their reading ability and the difficulty of the books they're choosing.

Reading decodable texts that are at or below a child's independent reading level can help them become more automatic with their reading skills. However, a lot of students (especially older students) don't want to read materials that look too young for them. So, use it as a warm-up. There are also low level high interest books out there that may help as well.

Another option is to pair books with their audiobook. Students can often comprehend at a much more advanced level than their reading skills allow. Audiobooks can help them access higher level books. Reading to or with your child can also help "lighten the load" for them and make reading more enjoyable.

New Podcast Episode!

Our newest episode of Understanding Dyslexia is here! On Episode 02 I discuss dyslexia assessment. Check it out! Click the links below.

[Spotify](#)

[Apple Podcast](#)

[Google Podcast](#)





Spotlight On IDA Digital Library



The International Dyslexia Association has a digital library that is FREE! All it requires is registering for a free digital library account. There are videos, articles, webinars, infographics and more! Check it out!

Click on the picture or go to : <https://dyslexialibrary.org>

Questions?

If you have any questions regarding dyslexia or related issues, please email them to me at the address below. I will be happy to answer your questions or point you in the right direction. I would love to do some Q & As for you all! So, send those questions in!



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I want to hear from you

If you have not had a chance to fill out my Parent Input Survey, please take a quick moment to do so. It will help me make sure to get you the information you want in the format that you prefer. Click the link below to access the survey.

[Parent Input Survey](#)

