

# Dyslexia District

Nederland ISD Parent/Teacher Newsletter

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## Welcome Back!

As we embark on another exciting school year, we are thrilled to welcome back our students and their families! This year holds endless possibilities for learning and growth, and we are eager to support each student's journey. Together, let's foster a love for learning and create a positive environment where everyone can thrive. We encourage students to be ready to learn, explore new subjects, and engage with their peers. Additionally, we emphasize the importance of continuing to practice reading, as it lays the foundation for academic success. Here's to a fantastic year ahead, filled with achievements and memorable experiences!

"Dyslexia is not a disability, it's a different ability."

Ronald D. Davis, author of "The Gift of Dyslexia"

New podcast episodes monthly

## DYSLEXIA DISTRICT PODCAST

Apple  
Spotify  
Amazon  
Audible

## EMOTIONAL WELL-BEING

Children with dyslexia can face significant social and emotional challenges. As parents, you play a crucial role in supporting your child's well-being. Encourage open communication about their feelings, validate their struggles, and help them build resilience by focusing on their strengths. Educate your child's teachers and peers to foster understanding and reduce stigma. Connect your child with a support group or mentor who can provide a safe space to share experiences. Most importantly, let your child know you are there for them and that their dyslexia does not define them. With the right support, children with dyslexia can develop the confidence and coping strategies to thrive.



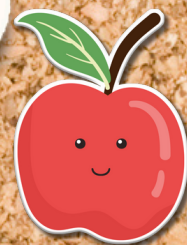


# Resources

## DYSLEXIC STRENGTHS

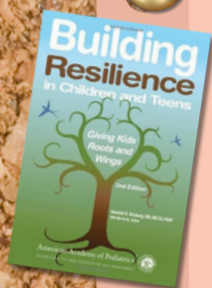


VIDEO



<https://youtu.be/d4VRjQnBoVVM?si=aLFapwgoqjvz5y1h>

BOOK



### **BUILDING RESILIENCE IN CHILDREN AND TEENS BY KENNETH R. GINSBURG**

"Confronting the overwhelming amount of stress kids face today, this invaluable guide offers coping strategies for facing the combined elements of academic performance, high achievement standards, media messages, peer pressure, and family tension."



[www.readingrockets.org](http://www.readingrockets.org)



<https://www.ldonline.org/>



Bright Ideas for Dyslexia  
<https://dys-add.com/>

WEBSITES

