

# The CANINE CORNER

Central Middle School

April 2025



*Congratulations!*

**April is**  
NATIONAL AUTISM  
AWARENESS MONTH

**Did you know?**

- Every 20 minutes someone is diagnosed with autism
- Autistic individuals (speaking and non-speaking) may use a variety of different and unique ways to communicate
- Many individuals on the spectrum stay in school until they are 21
- People with autism have very special gifts and talents!

The Autism Society has a resource for support called Autism Source.  
To reach us call: 800-3Autism

#AutismFriendly #NAAM16  
**AUTISM SOCIETY**

**REBECCA JONES**  
*Teacher of the Year*  
Central Middle School

## 25-26 Dance Team

*congratulations*  
YEAR TWO

**Central**  
MIDDLE SCHOOL DANCE TEAM

Annelie B.	MaKayla M.
Stella B.	Jordyn N.
Kynsli E.	Sophia R.
Kyler F.	Scarlett R.
Adley F.	Brylin R.
Jaylah G.	Trinity T.
Braylee G.	Caydence V.
Sadie G.	Blake W.
Reese M.	

**WE'VE GOT YOU COVERED**

ORDER YOUR YEARBOOK TODAY!

balfour balfour.com

**CMS Testing Calendar**

2024-2025

24 FEB	READING MOCK TEST (6-8)
26 FEB	MATH MOCK TEST (6-8)
04 MARCH	SCIENCE MOCK (8)
06 MARCH	SOCIAL STUDIES MOCK TEST (8)
15 APRIL	STAAR READING TEST (6-8)
22 APRIL	STAAR SCIENCE TEST (8)
23 APRIL	STAAR SOCIAL STUDIES (8)
29 APRIL	STAAR MATH / ALG (6-8)

Please plan ahead. Make sure appointments are scheduled with testing dates in mind.

**YEARLY PHYSICALS**

April 26, 9am-12pm  
Nederland High School  
New Gym

- ✓ UIL 6-12 Sports Physicals
- ✓ Recreational Sports Physicals
- ✓ Get information for S&C Camp
- ✓ Kendra Scott Pop Up shop

**REGISTER NOW**

If you will be in athletics, cheer, dance, or band at NHS 6-12grade please sign up for the new EMR system by filling out the Google form found through the QR code



May 1-3 - Band to Gator Music Festival	May 6 - 5th grade visit to CMS 6th grade track meet	May 10 - 6th grade band trip	May 15 - 8th grade device turn in CMS Fun Day
May 3 - 7th/8th grade band trip	May 7 - 8th grade field trip	May 12 - 6th grade device turn in Fundraiser field trip	May 16 - Band EOY party
May 5 - Boys Soccer @ COW Girls Soccer @ Home Progress Reports	May 8 - Band Spring Concert	May 13 - 7th grade device turn in	May 20 - Early Dismissal
	May 9 - Choir to Astros Game Twirler & Drum Major tryouts	May 14 - Awards ceremonies	

# Roadmap

# April



SUN	MON	TUE	WED	THU	FRI	SAT
 CENTRAL MIDDLE SCHOOL YEARBOOK SCAN TO ORDER	<b>NO SCHOOL</b> <b>TEACHER</b> <b>INSERVICE DAY</b>	 April Fools day	 APRIL <b>AUTISM</b> AWARENESS MONTH	3	 Concert & Sightreading	5
6	7 Boys @ Groves Girls vs Groves 	8  Choir Concert @ 6:30 in Auditorium	9  Picture Day Spring Pictures	10	11	12  Band Solo & Ensemble Contest
13	14 Boys @ Bridge City Girls vs Bridge City 	15 <b>STAAR</b> RLA (6-8)	16	17  Report Card Distributed	18 <b>GOOD FRIDAY</b> No school	19
20 	21	22 <b>STAAR</b> Science (8)	23 <b>STAAR</b> Social Studies (8)	24  TRAILBLAZER AWARD 9am in Auditorium	25	26 <b>SPORTS PHYSICALS</b>  9am-12pm NHS New Gym
27	28 Boys @ Port Neches Girls vs Port Neches 	29 <b>STAAR</b> Math/Alg (6-8)	30	 Gator Music Festival	 <b>END OF YEAR Party</b> 7/8 End of the year Band Trip	

FOLLOW US ON



CENTRAL  
MIDDLE  
SCHOOL



@CMSLearns



# Counselor Corner

## HOW to be a FRIEND

**F** FIND  
something  
in  
COMMON

**R** RESPECT  
other  
STUDENTS  
-Space  
-Property  
-ideas

**I** INVITE &  
INCLUDE  
KIDS to  
PARTICIPATE

**E** EMPATHY  
SHOW  
-you-  
care

**N** KNOW  
WHEN to  
SUPPORT  
each  
other

**D** do the  
RIGHT  
THING  
EVEN IF NO ONE'S  
LOOKING

**S** SAY  
you're  
SORRY  
everyone  
MAKES MISTAKES

Be kind

Respect boundaries

Take turns & share

**BE HELPFUL**

Keep in touch

Listen carefully

Understand their feelings

**BE HONEST**

Forgive mistakes

Be supportive

Show interest

**APOLOGIZE WHEN YOU ARE WRONG**

Cheer them up

Be thankful

Be loyal

**STAND UP FOR THEM**

# APRIL AUTISM

AWARENESS MONTH



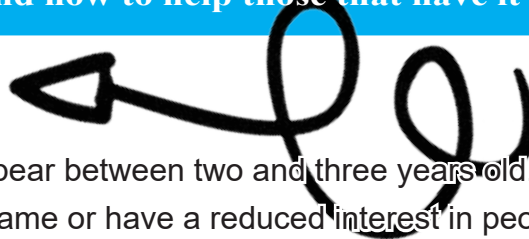
## AUTISM SPECTRUM DISORDER

is a range of conditions affecting social skills, repetitive behaviors, speech, and nonverbal communication

## APRIL IS NATIONAL AUTISM AWARENESS MONTH

with celebrations to understand this disorder. Here are some facts to learn about what autism is and how to help those that have it

## AWARENESS



- Most obvious signs of autism appear between two and three years old.
- Children may fail to respond to name or have a reduced interest in people.
- Around one third of people with autism stay nonverbal their whole life.
- Seizures, ADHD, and anxiety frequently accompany autism.



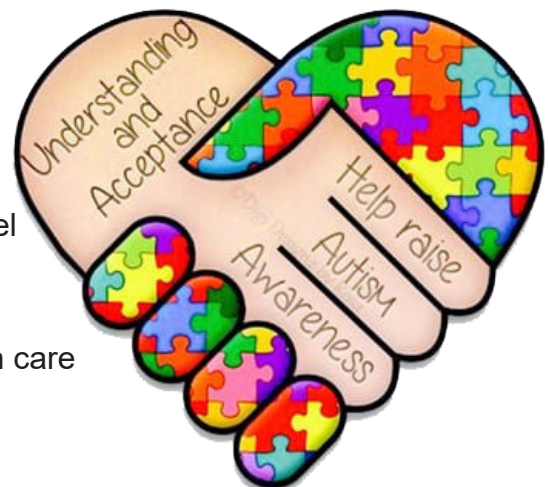
## ACTION

- Developmental delay screenings should occur at nine months
- Autism Spectrum Disorder screenings should be at 18 months
- Child psychologists and neurologists can help detect autism in your child



## INCLUSION & ACCEPTANCE

- Children with Autism don't get the same sense of inclusion in school as other children, making them feel excluded and alienated
- Adults with autism often have trouble finding a job
- Social Inclusion is having access to education, health care and services





# HOW TO BE A FRIEND TO SOMEONE WITH AUTISM

## Take the Initiative to Include Him or Her



Your friend may desperately want to be included and may not know how to ask. Be specific about what you want him to do.

## Find Common Interests

It will be much easier to talk about or share something you both like to do (movies, sports, music, books, TV shows, etc.).



## Be Persistent and Patient

Remember that your friend with autism may take more time to respond than other people. It doesn't necessarily mean he or she isn't interested.



## Communicate Clearly

Speak at a reasonable speed and volume.



## Stand Up For Him or Her

If you see someone teasing or bullying a friend with autism, take a stand and tell the person that it's not cool.



## Give Feedback

If your friend with autism is doing something inappropriate, it's OK to tell him nicely. Just be sure to also tell him what the right thing to do is because he may not know.



## Remember Sensory Sensitivity

Your friend may be very uncomfortable in certain situations or places (crowds, noisy areas, etc.). Ask if he or she is OK.

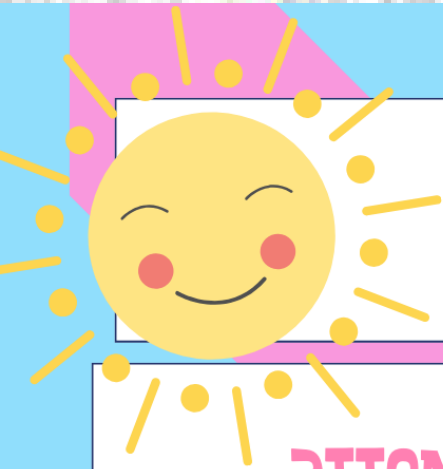


## Don't Be Afraid

Your friend is just a kid like you who needs a little help. Accept his or her differences and respect strengths just as you would for any friend.



Autism-Products.com  
SUPPLYING PIECES TO SOLVE THE PUZZLE



# CENTRAL MIDDLE SCHOOL NURSE NEWSLETTER



## ATTENTION

### 6TH GRADE PARENTS

If your student will be in 7th grade for the 2025-2026 school year they will be required to show proof of two immunizations. The two needed immunizations are

**Meningococcal (Meningitis) and Tdap (Tetanus/Diphtheria/Pertussis)**

Please email an updated vaccine record to [eleblanc@nederlandisd.org](mailto:eleblanc@nederlandisd.org) or bring updated record to school.



## CMS NURSE CONTACT INFO

**EMILY LEBLANC, RN**

**409-726-2236**

**[ELEBLANC@NEDERLANDISD.ORG](mailto:ELEBLANC@NEDERLANDISD.ORG)**

## When to keep your kid home from school

**FEVER**- The child should remain home if they have a fever of 100 degrees or greater. The child can return to school when they have been fever free for 24 hours (WITHOUT FEVER REDUCING MEDICATIONS SUCH AS TYLENOL OR MOTRIN/IBUPROFEN)

**DIARRHEA/VOMITTING** - A child with diarrhea or vomiting should remain home & return to school when symptom free for 24 hours.

**CONJUNCTIVIS (PINK EYE)** - After diagnosis of pink eye, the child may return to school 24 hours after the first dose of medication.

**COLDS** - Consider keeping your child home if they experience discomfort from any cold symptoms, such as nasal congestion or cough. A continuous green discharge from the nose may be a sign of infection.





# Adelántate

Desarrolla las fuerzas para enfrentar algo difícil.

Este mes estamos enfocados en ayudar a los estudiantes a comprender que la valentía no es un remedio mágico para el miedo. En cambio, la valentía es una decisión a avanzar a través del miedo, la inseguridad, y la ansiedad de hacer cosas que se sienten difíciles o aterradoras. **Estamos colaborando contigo este mes para desarrollar la valentía de tu niño.** Las actividades de este mes van a ayudar a tu niño a entender que la valentía puede equiparlo para hacer un impacto positivo en la casa, en la escuela, y en la comunidad.



## 1 Captar: Juego de Roles de Valentía

Discute lo que es tener valentía para hacer lo que es correcto. Como familia, haz un juego de roles de situaciones en que tu hijo tuviera que demostrar valentía. Por ejemplo, actúen como fuera si tu hijo viera a un amigo siendo rudo a otra persona en la escuela. ¿Qué haría? ¿Cómo podría la valentía ayudarlo a defender lo que es justo?



## 2 Empoderar: Roles en la Casa

Crea una lista de quehaceres de casa. Asigna los varios quehaceres a cada miembro de la familia. Discute el apoyo o herramientas adicionales que podrían necesitar para cumplir cada trabajo. Ten una junta de familia semanal para celebrar el éxito de haber cumplido cada trabajo y háganlo tomando turnos en dar una afirmación a cada miembro de la familia. Alterna los quehaceres y pregunta cuál soporte adicional es necesario.



## 3 Emplear: Intenta Algo Nuevo

Pídele a cada miembro de la familia que cuente algo positivo que quiere hacer pero ha tenido miedo de intentar. Discute qué miedos están entremetiendo y los pasos para superar estos miedos. Anima a cada uno que intente algo nuevo este mes. ¡No se olviden de celebrar a cada miembro de la familia cuando lo hace!

## Iniciadores de Conversación

♥ Describe una ocasión cuando fuiste tímido en la escuela, pero pudiste superarlo por causa de tu valentía. ¿Qué te ayudó para ser valiente?

♥ ¿Quién es alguien quien consideras ser valiente?  
¿Cuáles son unas maneras en que demuestra valentía?

♥ Piensa en un fracaso reciente en la escuela. ¿Cuál fue una lección que aprendiste de esta experiencia?

## Step Up

Develop strength to face something difficult.

*This month we are focused on helping students understand that courage is not a magical remedy for fear. Instead, courage is a choice to push through fear, self-doubt, and anxiety to do things that feel hard or frightening. **We are partnering with you this month to grow your child's courage.***

*This month's activities will help your child understand that courage can equip them to make a positive impact at home, at school, and in the community.*



### 1 Engage: Courage Role Play

Discuss having the courage to do the right thing. As a family, role-play situations with your child where they might have to demonstrate courage. For example, role-play what it would look like if they saw a friend being rude to someone else at school. What would they do? How can courage help them stand up for what is right?



### 2 Empower: Roles at Home

Create a list of household chores. Assign the various chores to each family member. Discuss any additional tools or support needed to accomplish each job. Have a weekly family check-in to celebrate success in completing each job by taking turns giving each family member an affirmation. Rotate chores and ask what additional support is needed.



### 3 Excel: Try Something New

Ask each family member to share something positive they want to do but have been afraid to try. Discuss what fears are getting in the way and steps to overcome those fears. Encourage everyone to try something new this month. Don't forget to celebrate each family member when they do!

## Conversation Starters

♥ Describe a time when you were fearful at school, but you were able to overcome it because of your courage. What helped you to be courageous?

♥ Who is someone you consider to be courageous? What are some ways they show courage?

♥ Think of a recent failure at school. What was a lesson you learned from this experience?