

2023-2024

MSP

LOCAL

WELLNESS POLICY

ASSESSMENT

RESULTS

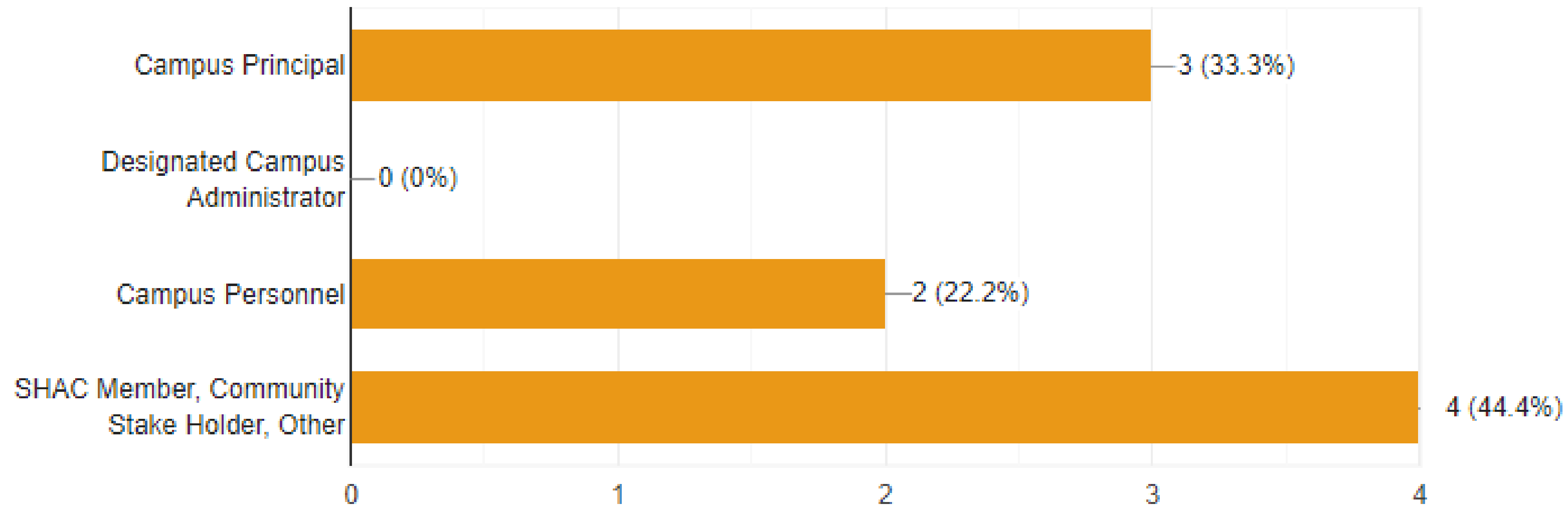
PURPOSE OF THIS ASSESSMENT

This assessment is to be completed every three years by Campus Principal or designated Campus Administrator along with other representatives from the campus.

The information provided will assist the SHAC in making programmatic changes at the district level and will assist in logistical and sustainable changes that help align the school campus to current regulations.

District ROLE

Select your district position or district role involvement.
Select only one.



**Have you read the
District Wellness
Policy?**



66.7%

Yes

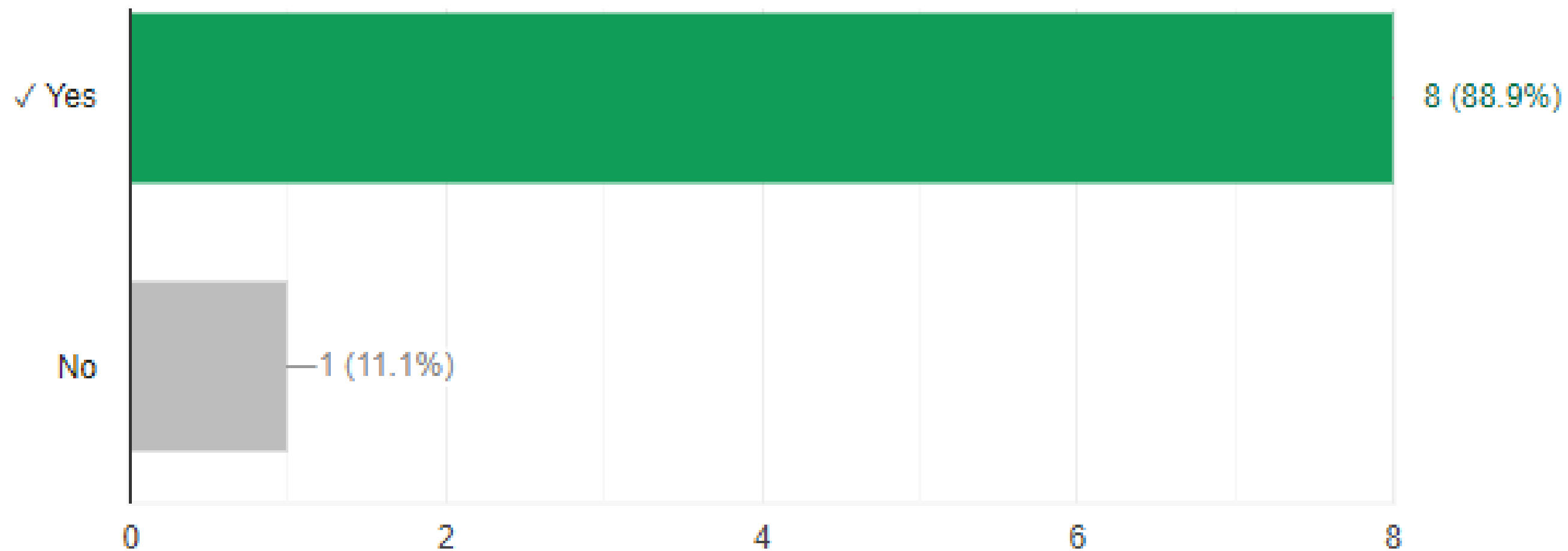
33.3%

No

Nutrition Education

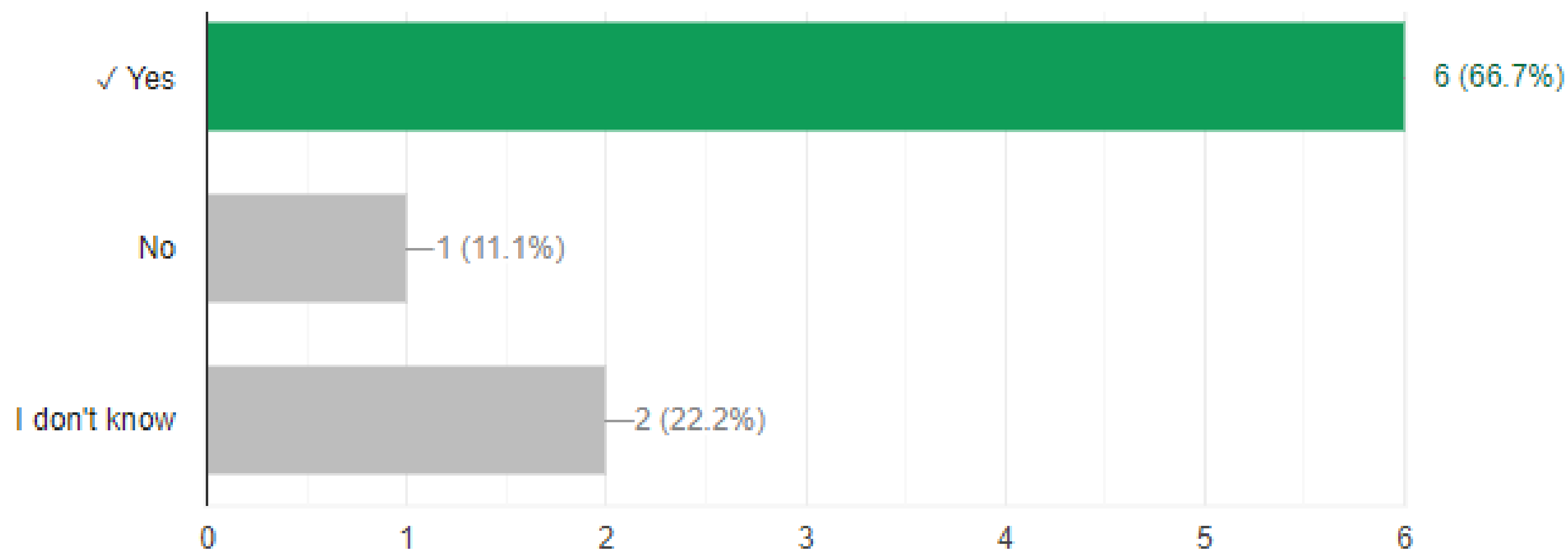
Nutrition EDUCATION

Are you aware, the Child Nutrition Department provides information about school meals and nutrition content at the district Health Fair, during campus schedule pick up, and on the Child Nutrition webpage? Note: Select yes, if at minimum one of the above platforms you are aware of.



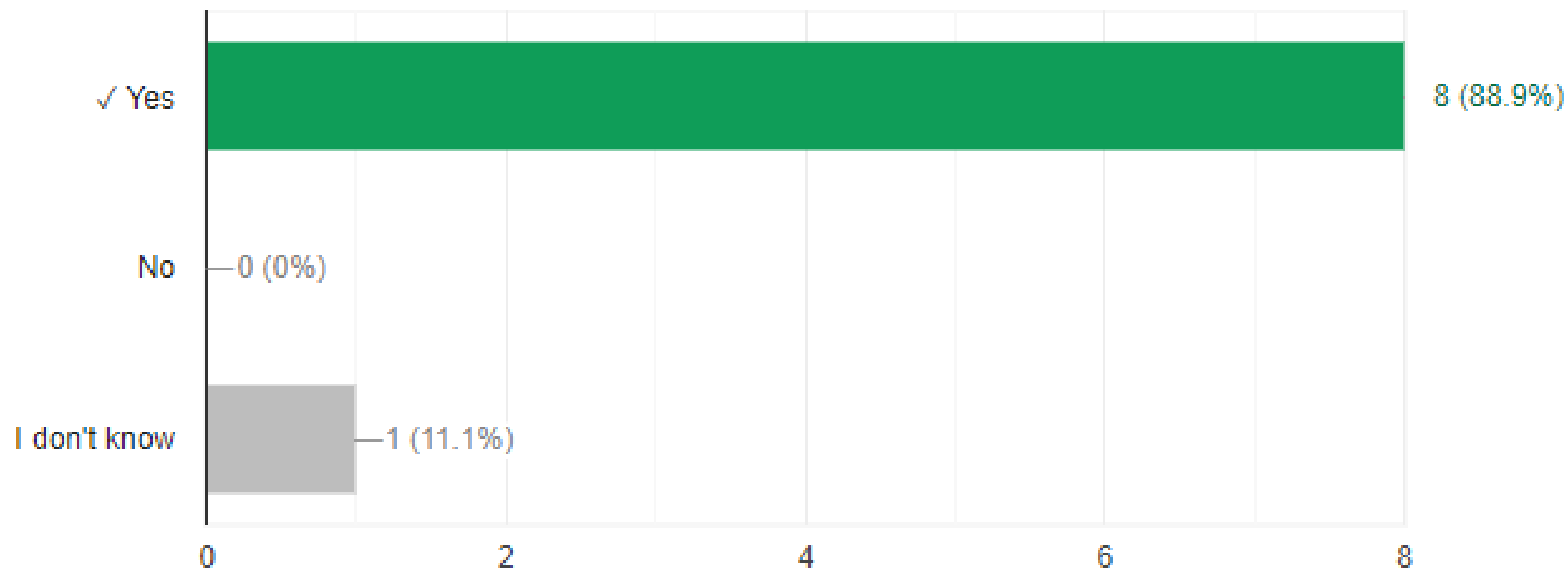
Nutrition EDUCATION

Does campus messages promote health enhancing practices as well as physical activity? Including when used on score boards, bulletin boards, in hallways and vending machines if applicable.



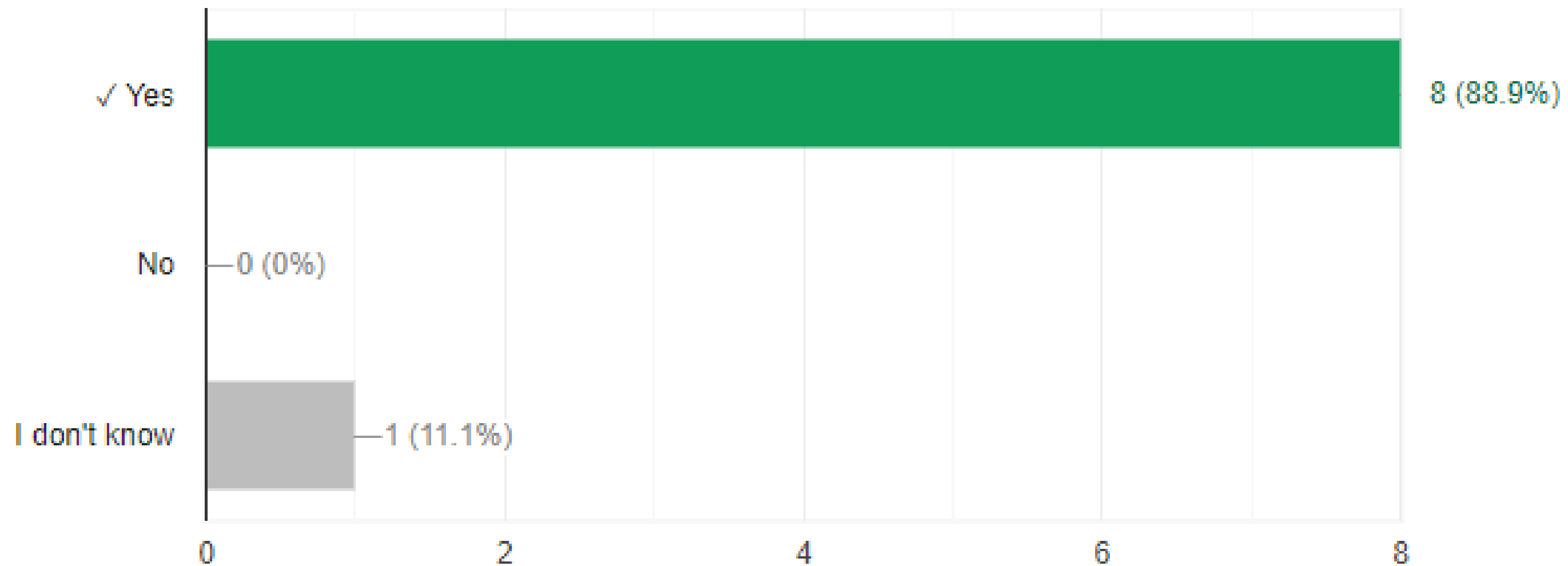
Nutrition EDUCATION

Does NISD require all high school students to complete a half credit of health to meet graduation requirements?



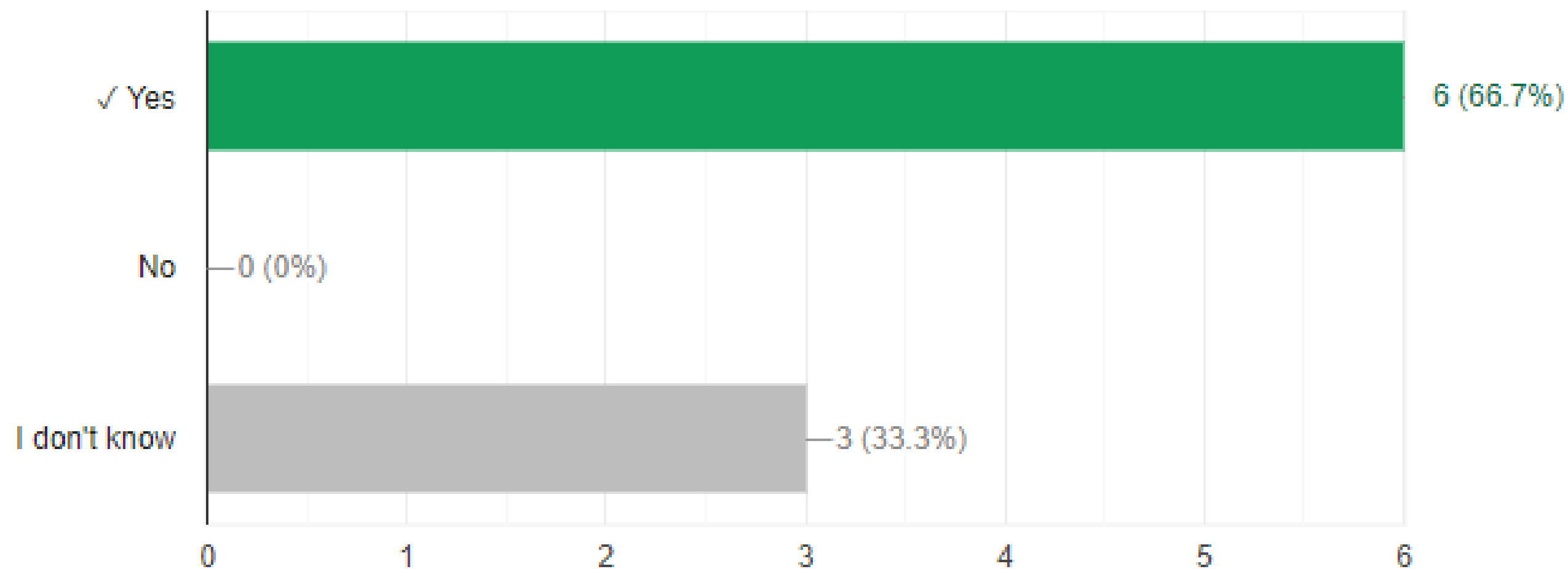
Nutrition EDUCATION

Does NISD require all high school students to complete a half credit of health to meet graduation requirements?



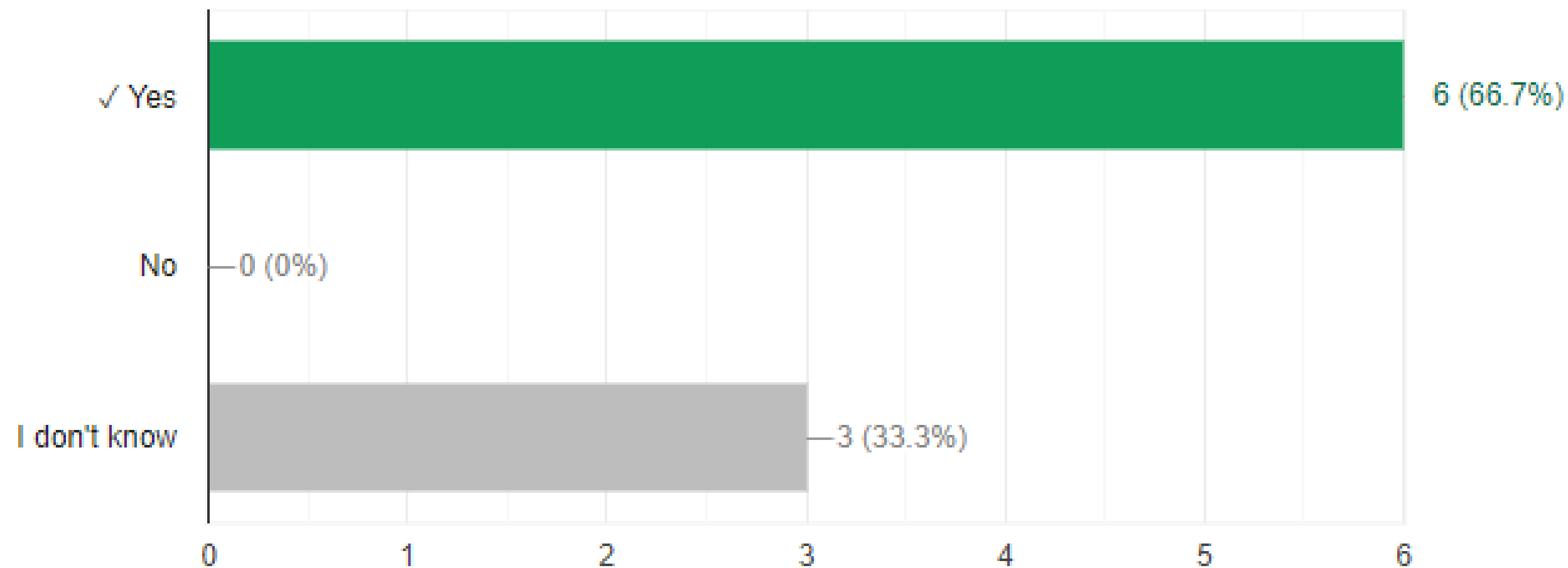
Nutrition EDUCATION

Is nutrition education taught in K-12 PE, 5th grade Health Courses and High School Health class? Note: Select yes, if this applies to your grade level even if you are unsure of other grade levels.



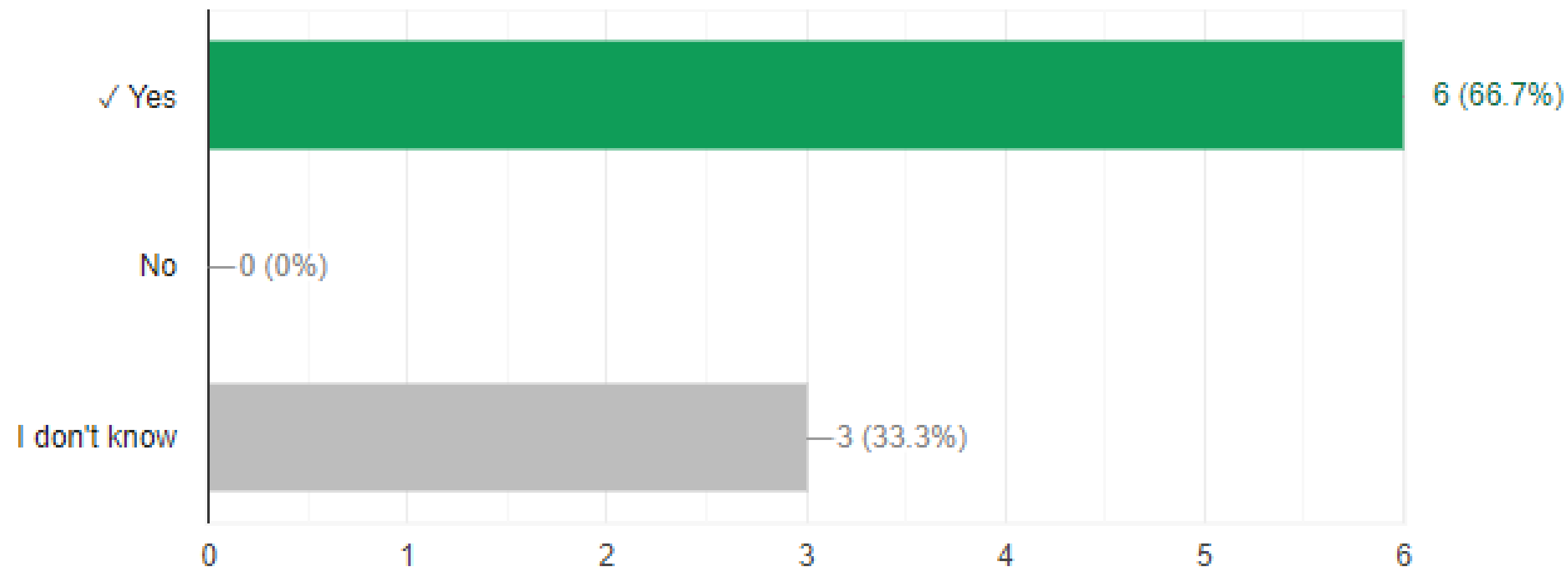
Nutrition EDUCATION

Are Health Education and Physical Education district instructors allowed to attend professional development that relates to nutrition education?



Nutrition EDUCATION

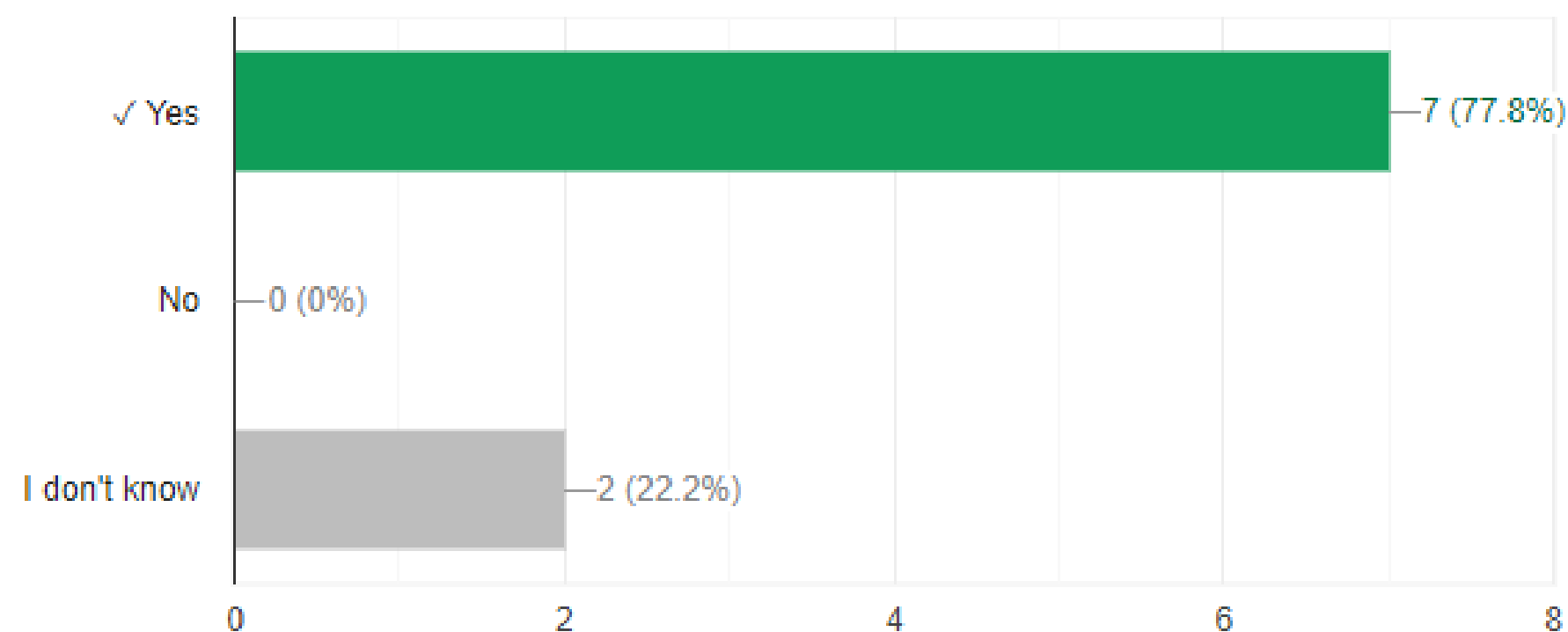
Are Health Education and Physical Education district instructors allowed to attend professional development that relates to nutrition education?



Physical
Education

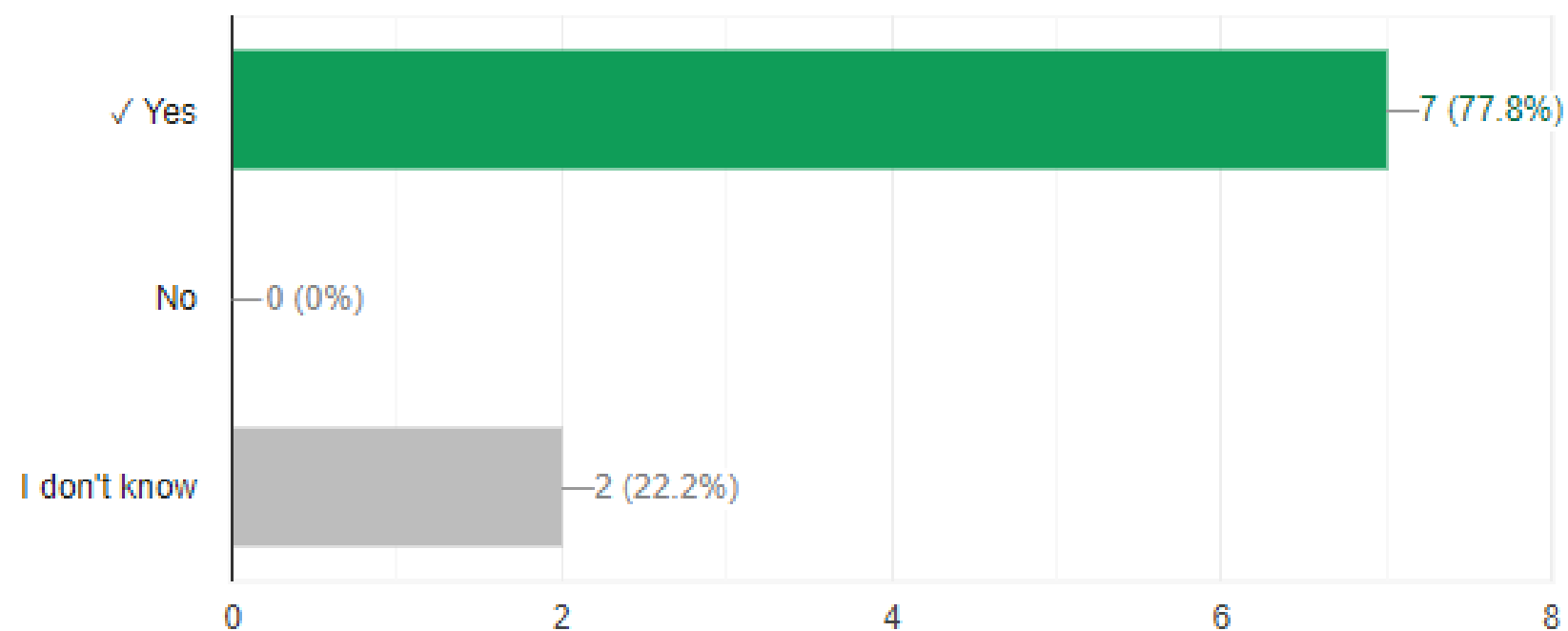
Physical Education

Does physical education staff provide TEKS-guided curriculum for fitness standards?



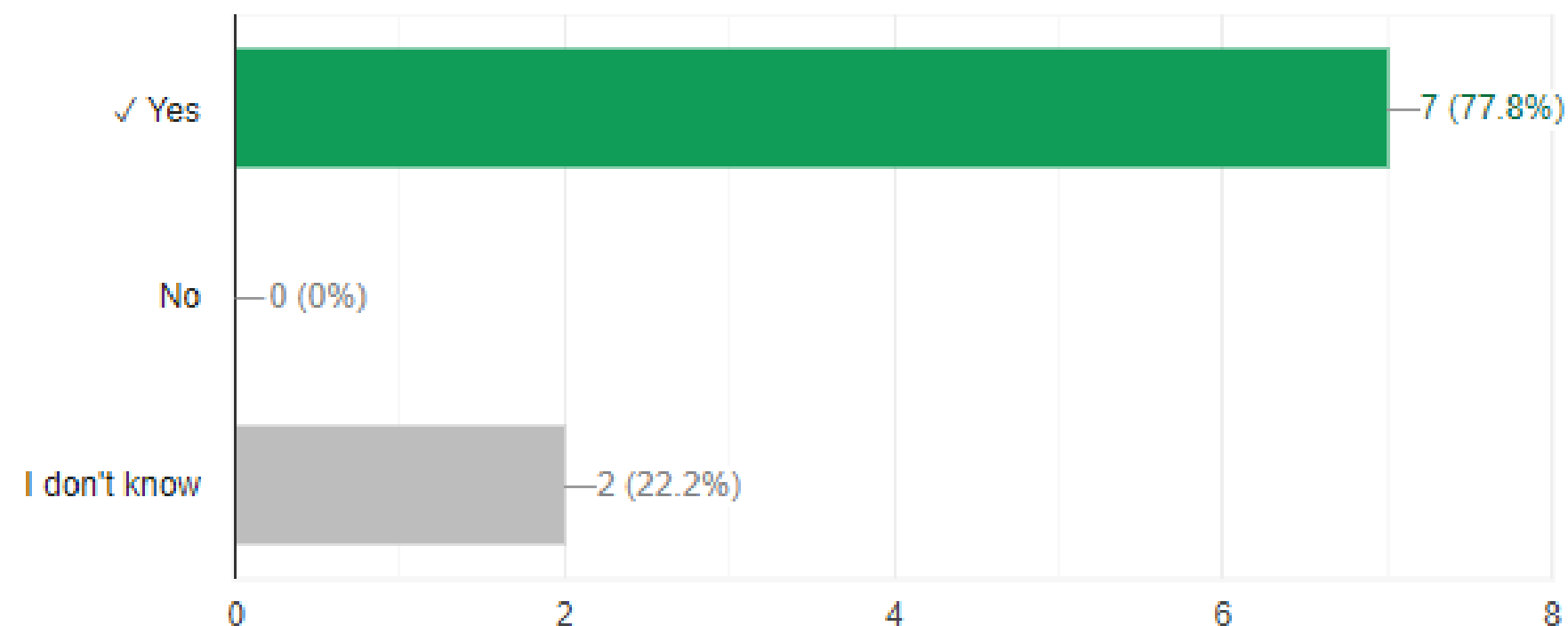
Physical Education

Does physical education teachers provide lessons during physical education that are age and developmentally-appropriate?



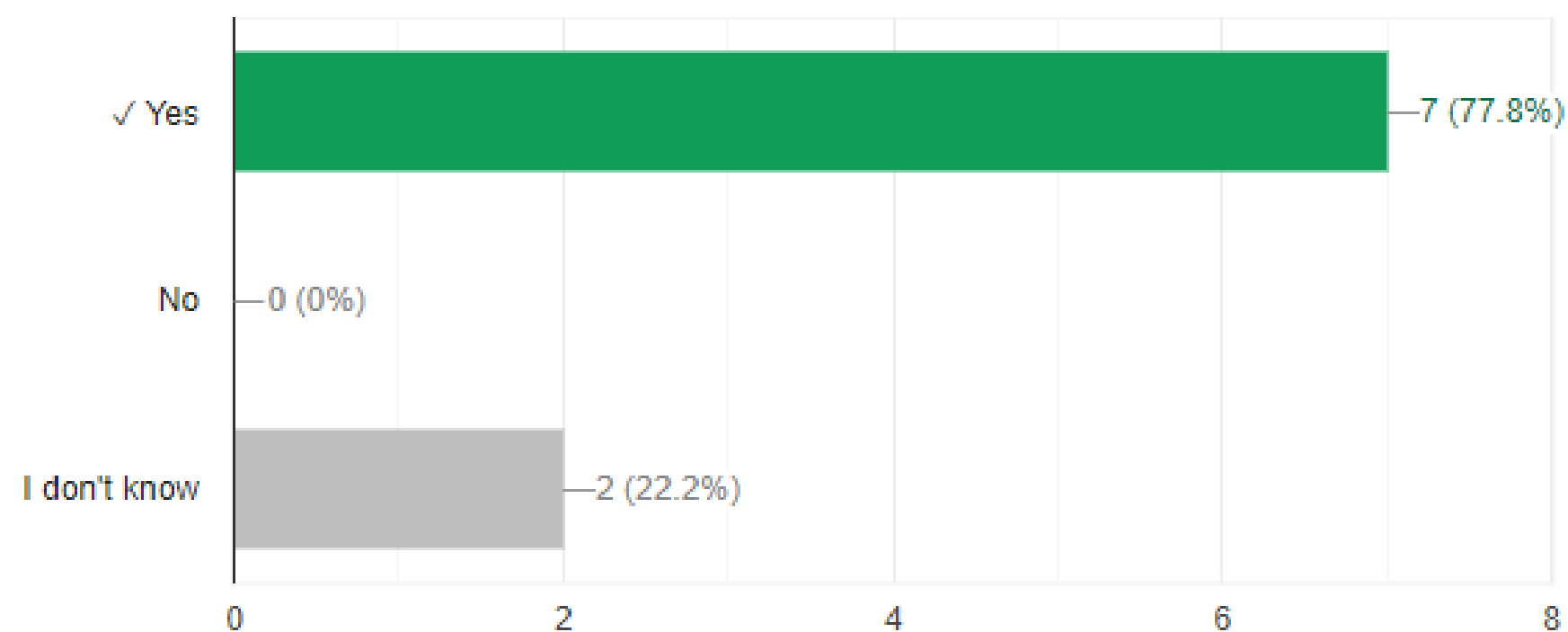
Physical Education

Are physical education teachers provided opportunity for professional development through standard-based instruction?



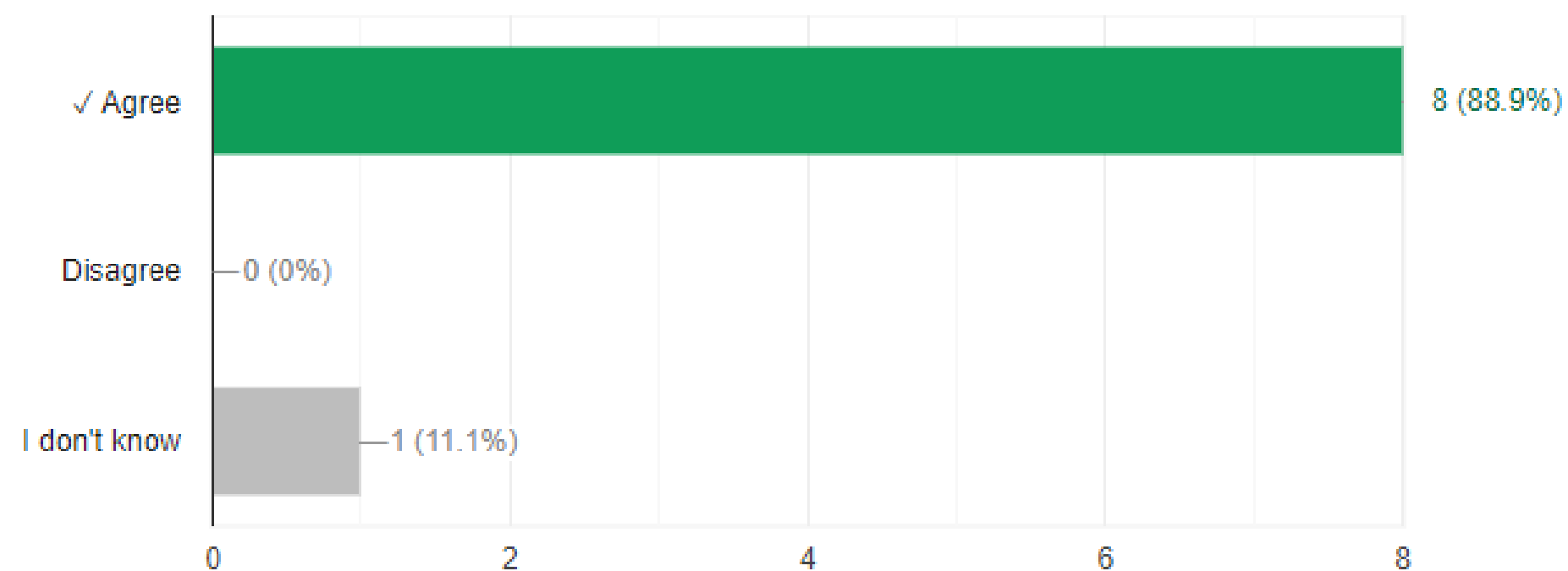
Physical Education

Are a minimum 90% of the eligible grade 3-12 NISD students participating in Fitness Gram?



Physical Education

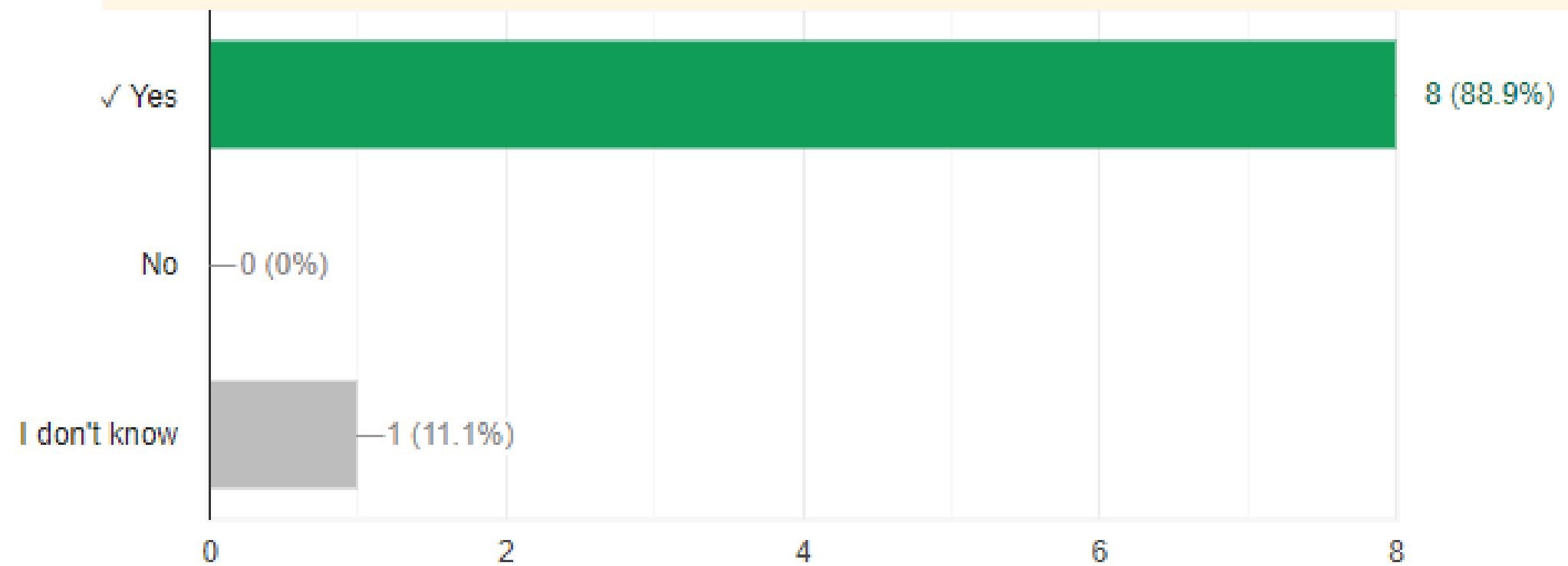
Does physical education instruction focus on ensuring that students enjoy physical activity and have the skills and knowledge to make healthy choices?



School Based **ACTIVITIES**

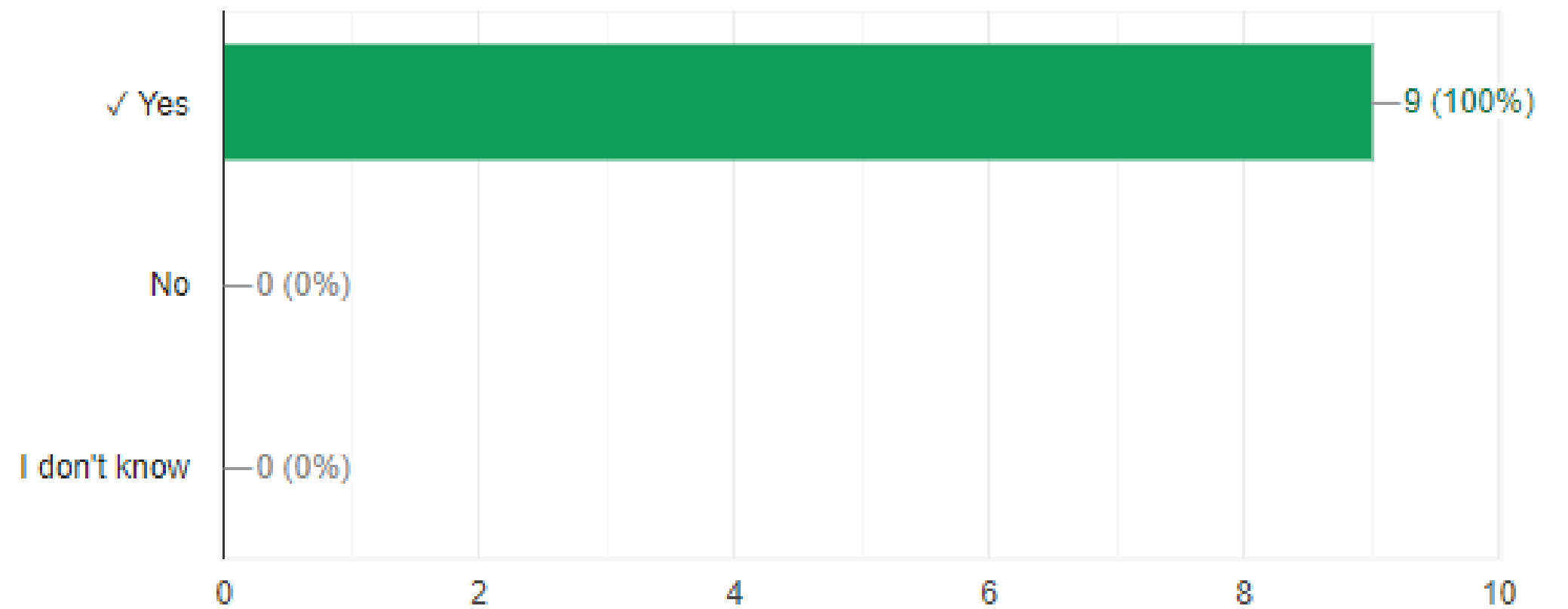
School Based ACTIVITIES

Does our district's wellness policy address
nutrition standards for USDA reimbursable meals?



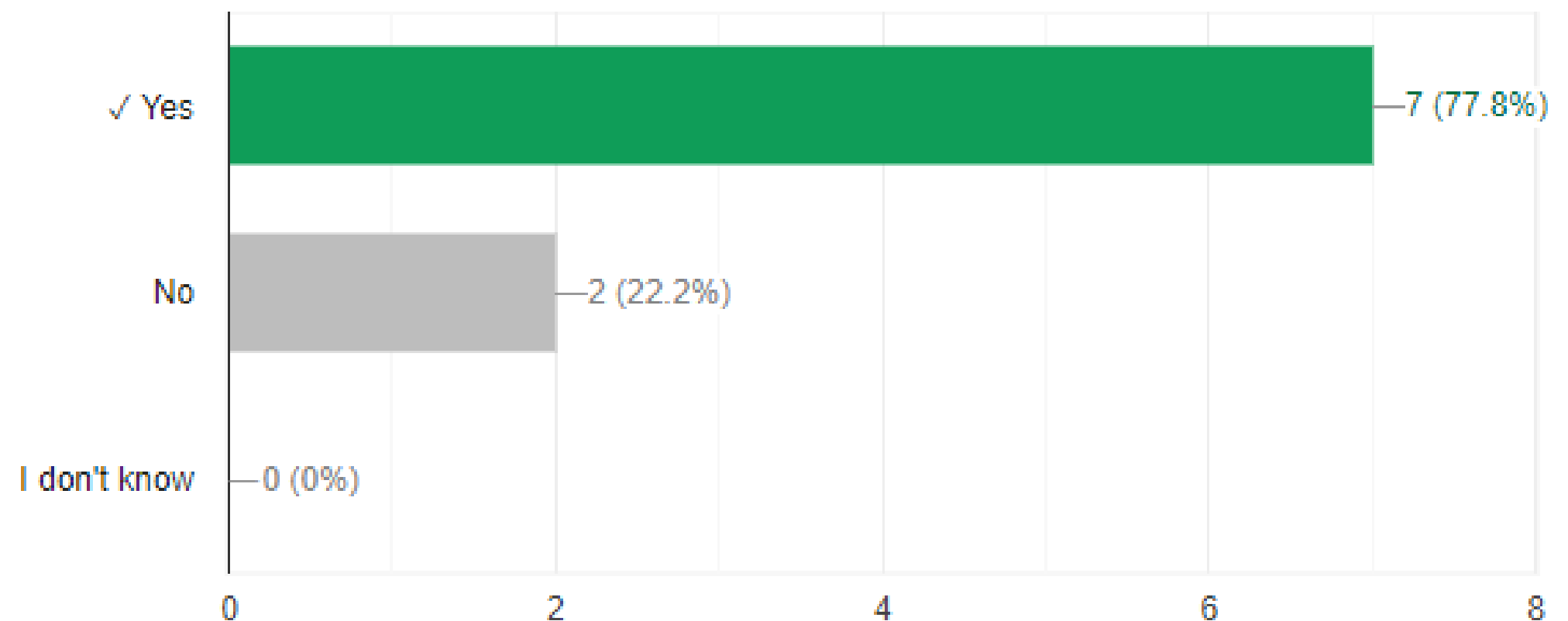
School Based ACTIVITIES

Does your campus operate the School Breakfast Program before the start of school?



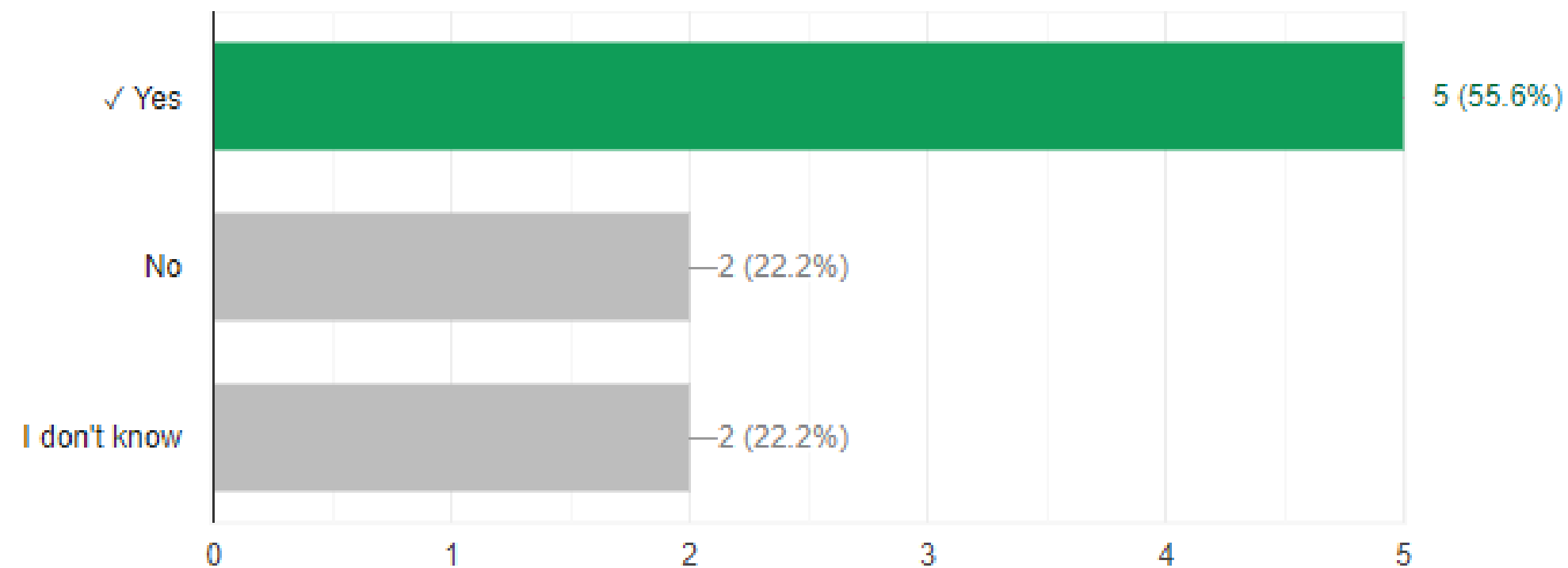
School Based ACTIVITIES

Does the district allow a parent, grandparent, or guardian to provide a food product of his or her choice to classmates of the person's child or grandchild on the occasion of the student's birthday or at a designated school function?



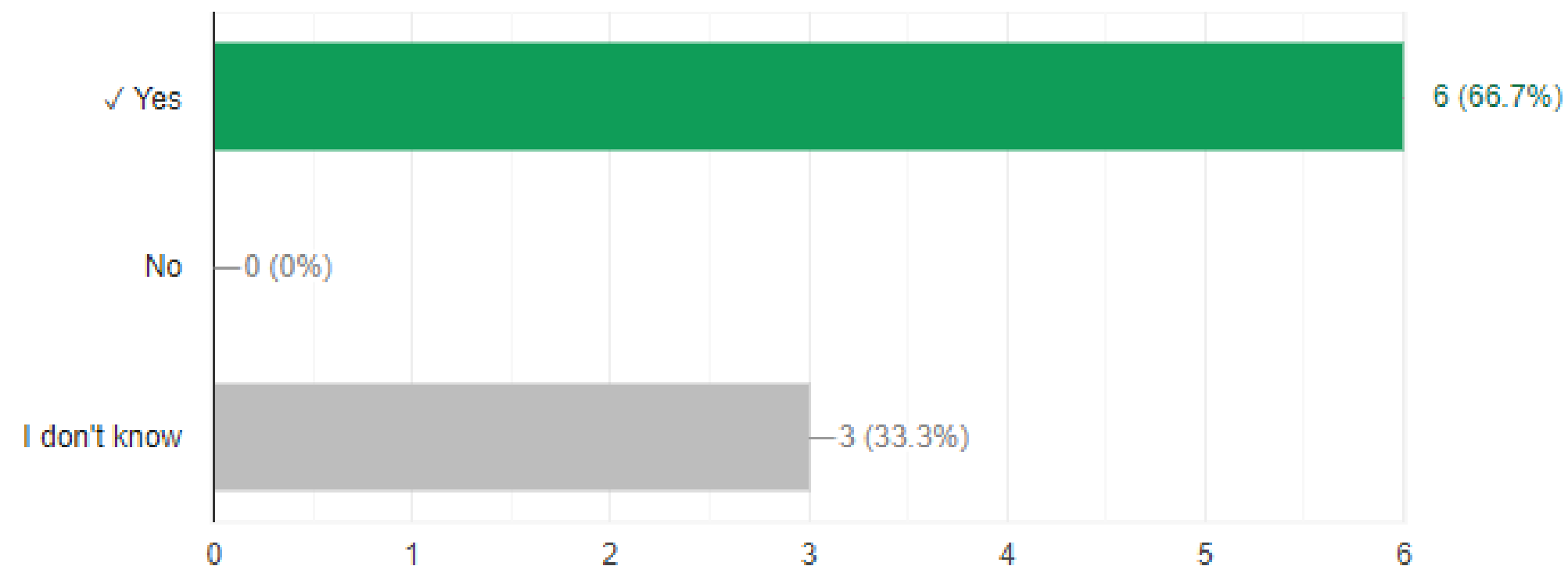
School Based ACTIVITIES

Does your campus encourage competitive food and beverages meet USDA Guidelines, also called "Smart Snacks". Note: Competitive foods are foods sold to students during the school day that are not included in the school meal program?



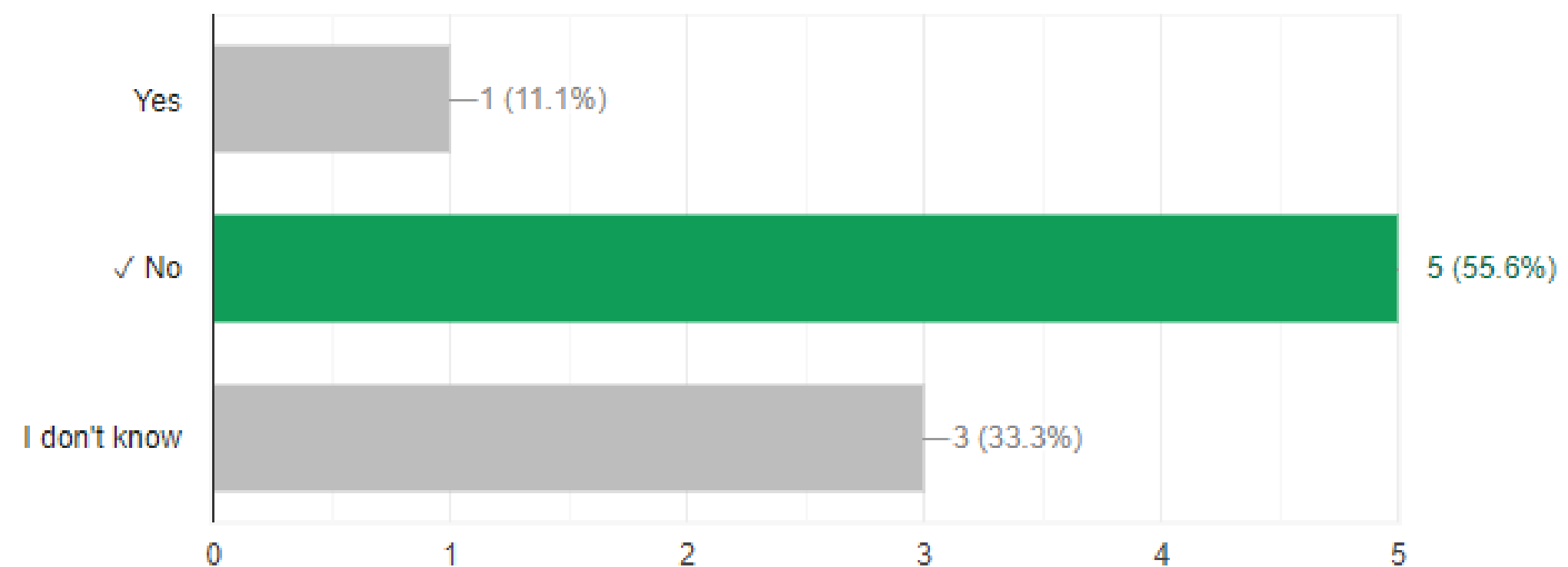
School Based ACTIVITIES

Is your campus allowed 6 exempt fundraiser days?
These dates must be given each school year to the
Child Nutrition Director.



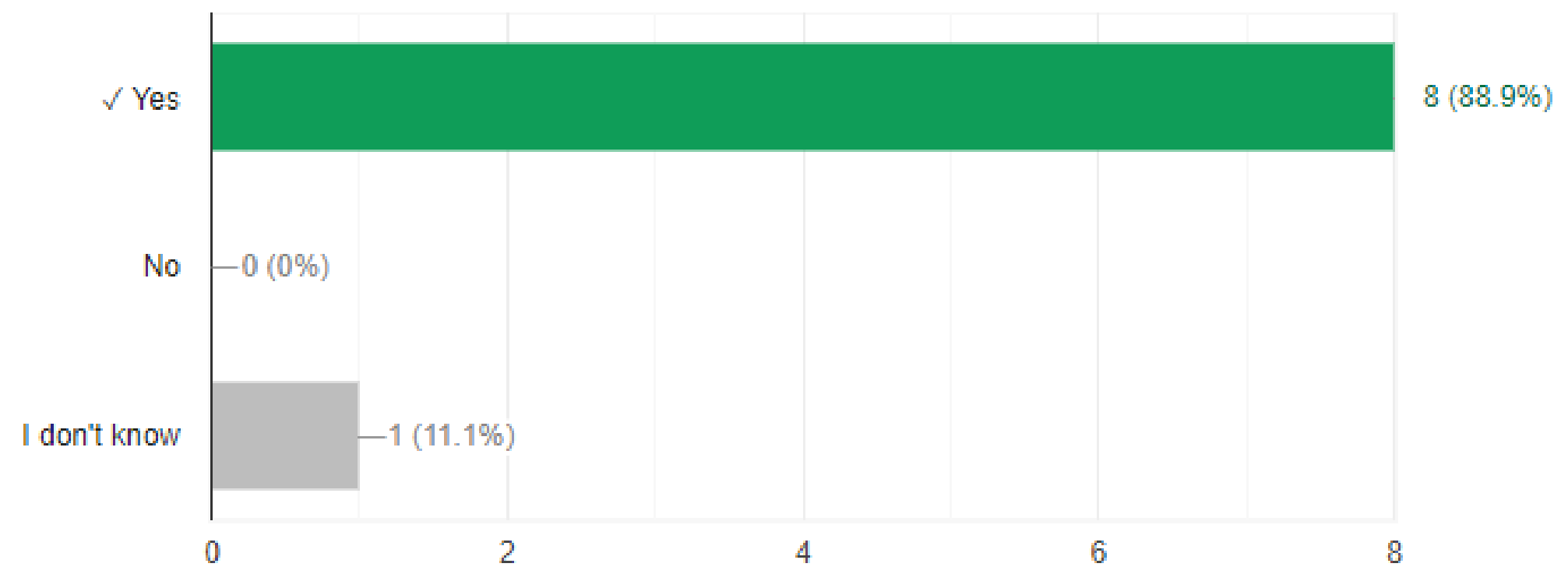
School Based ACTIVITIES

Does your campus allow food and beverages sold for fundraisers without requesting an exempt fundraiser day? Note: On exempt fundraiser days, food and beverages are not allowed to be sold in the meal serving area during meal service times.



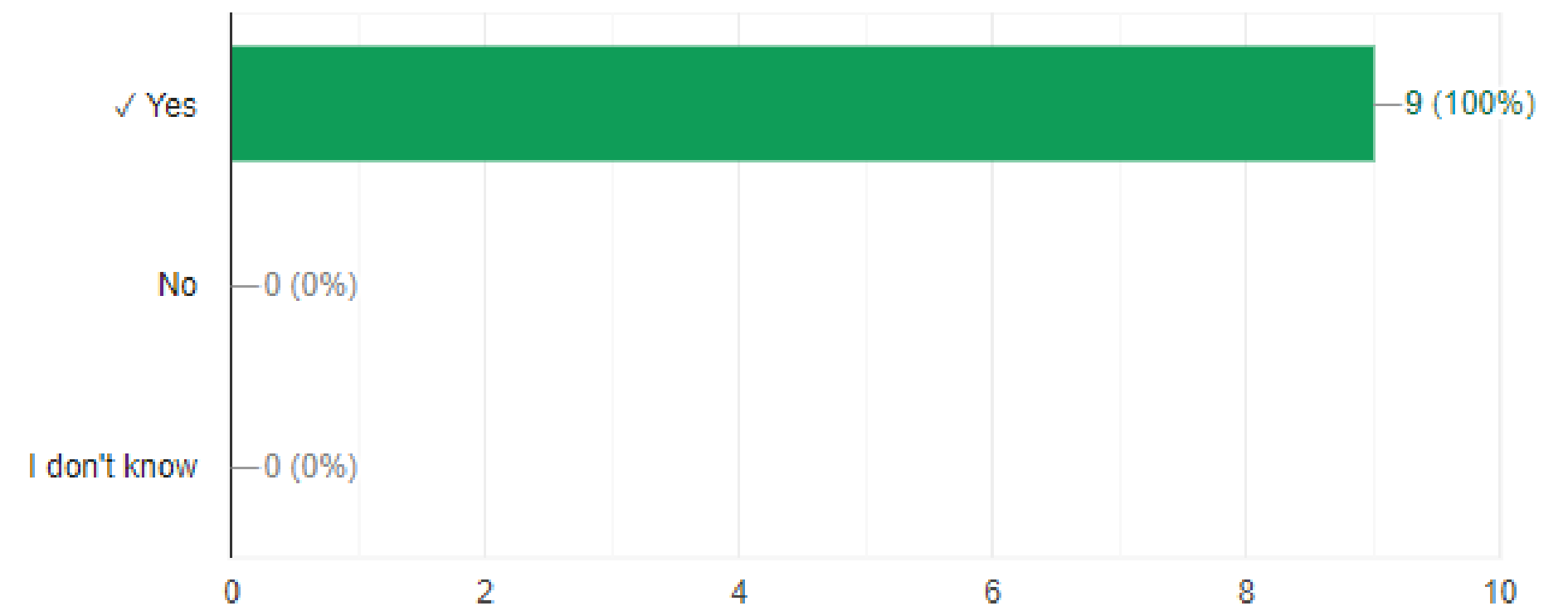
School Based ACTIVITIES

Does your campus schedule allow minimum of 30 minutes for lunch?



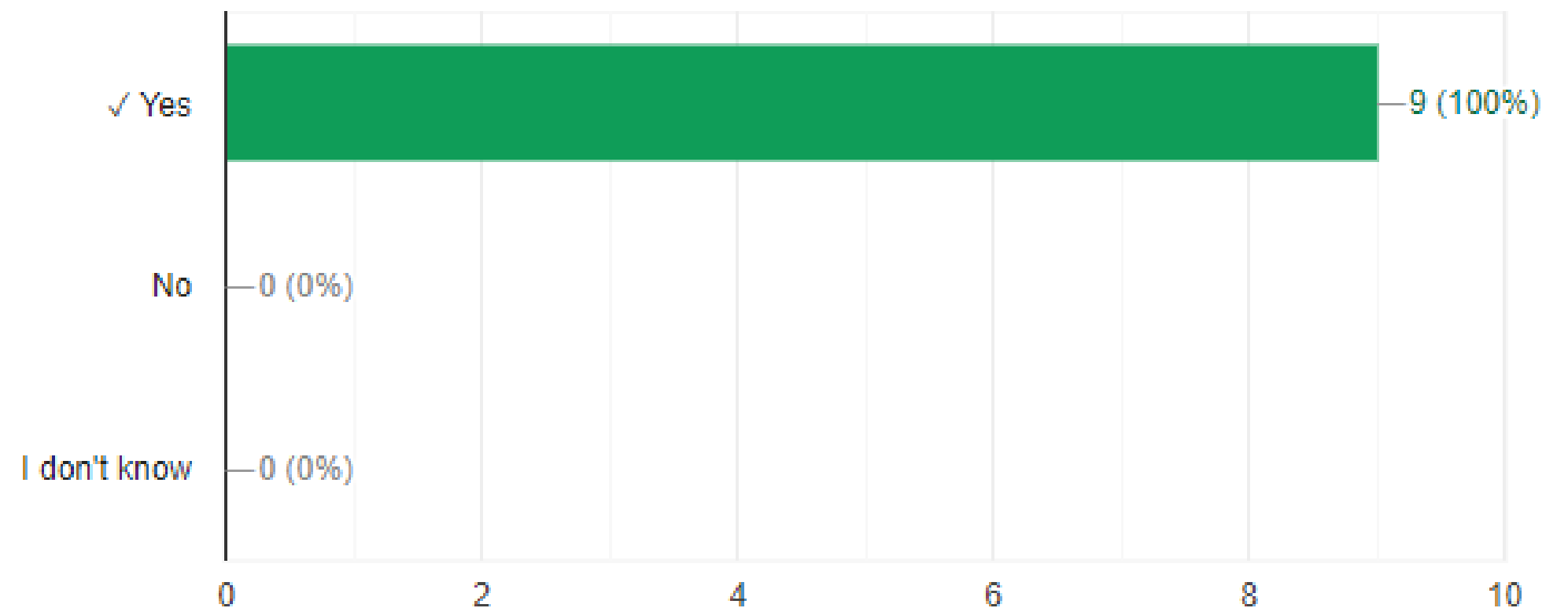
School Based ACTIVITIES

Does your campus have a clean, safe and pleasant cafeteria?



School Based ACTIVITIES

Does staff members at the campus actively supervise students before and after school, anticipating and effectively responding to unsafe situations, promoting pro-social behaviors such as conflict resolution and helping others?



THANKS!!!



Student Health
Advisory Council